



WELCOME

Fall 2026

GSSA Coaches Meeting

Agenda

01 Coaching Information

02 Partners

03 Fields / Weather

04 Game Protocols

05 Key Dates



Coaching Information

gssasoccer.org > Programs > Coaches | Registration > Coaches

Yourself

- Make sure you register as a coach for the **fall season**
- Must be completed before practice starts - background check, SafeSport and concussion training
- Always have your coaches **ID card** with you (practice, games) and visible
- Make sure you are signed up for **GSSA Coaches Team Snap**

Your Team

- Recruit help – Assistant Coach, Manager
- Sign up for practice time
- Set up **team communication** app
- Reach out to your team within next 48 hours
 - Introduction
 - Practice times
 - Equipment / uniform reminders



GSSA Foundational Partners



City Partners

- GSSA signs annual FUA with each city for use of soccer complexes
- For recreation practice, games and events
- Quality fields & facilities, ongoing enhancements



Club Partner

- Solar supports GSSA development including education & training
- Solar & GSSA collaborate on soccer operations, field usage & improvements



GSSA National & Regional Partners



- United States Youth Soccer, United States Adult Soccer, United States Soccer Federation, FIFA
- Developmental goals, coach education, referee training, tournament sanctioning
- Direct governance to 119 regional organizations, including North Texas Soccer Association



- Promote game throughout region, includes 110 member associations (like GSSA)
- 125,000 players across youth recreation, competitive and ODP + adults



- U4 – U6 First touches, development 4 x 4 practice + scrimmages, GSSA internal teams
- U7 – U8 Structure, referees, 4 x 4 match style, GSSA internal teams
- U9 – U18 Larger rosters, fields, keep score, play in **NMCSL**
- U19+ COED Lifestyle, recreational, social, play in **NMCSL**



What's New This Season

Moved Away From Age Pure

- Based on birth year: Jan 1 – Dec 31
- Started in 2016
- Caused “trapped players” – kids older in soccer than in school
- Also created gap years

New School-year Model

- Based on academic year: Aug 1 – July 31
- Approved by US Soccer in 2024, Fall 2026 first season of implementation
- Set up **team communication** app
- Improves social aspects, levels development, fairness



Field Updates

Bob Jones - Southlake

- *GSSA Board Member Daivd Cerami is your primary contact*
- Park in the lot with the entrance to the turf fields, we do not control the maintenance gate on the south side near softball fields
- Turf field is priority area for practices & games
- Police your area at all times

Meadowmere & Oak Grove - Grapevine

- *GSSA Board Member Nirav Assar is your primary contact*
- Meadowmere (MM) has new fencing and updated parking areas
- Solar practices during the same times as GSSA, if there is a question, contact Nirav
- Grass fields only, are in very good condition
- Help us keep facilities clean



Weather

Notices via GSSA website first

- Decisions on status for practice & games:
- Weekdays 3:30 p.m.
- Saturdays 7:30 a.m.
- Sundays 10 a.m.

Updates on GSSA website are for GSSA fields only (BJ, MM, OG)

- U9+ must check association where game is scheduled (i.e. Keller, Colleyville)

High / Low Temperature

- For games, water breaks may be requested / granted at the discretion of the referees.
- Consider providing shade over the bench area for players
- Ensure all players bring plenty of water
- Our threshold for cancelling games is 38 degrees, but will use discretion as needed (Wind chill, wind speed, etc.)
- Layers under jerseys, blankets for bench, gloves
- Access to Wet Bulb similar to UIL rules

Lightning Detection at all complexes - please treat as a serious alert

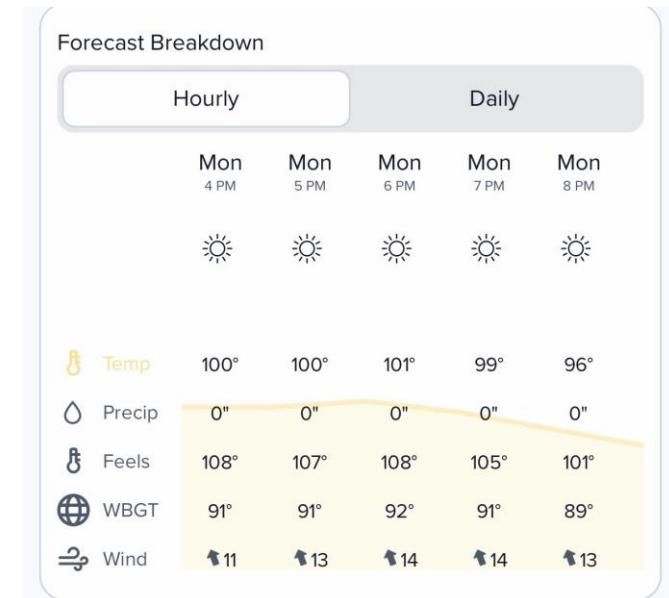


Weather

GSSA Guidelines

WBGT	CONDITIONS	PRACTICE GUIDANCE
>92.0°	Extreme Conditions	No Outdoor Training, delay training until cooler, or Cancel Training.
90.1-91.9°	High Risk for Heat Related Illness	Maximum of 1 hour of training with 4 by 4 minute breaks within the hour. No additional conditioning allowed.
87.1-90.0°	Moderate Risk for Heat Related Illness	Maximum of 2 hours of training with 4 by 4 minute breaks each hour, OR a 10 minute break every 30 minutes of training.
82.2-87.0°	Less than Ideal Conditions	3 Separate 4 minute breaks each hour, OR a 12 minute break every 40 minutes of training
<82.1°	Good Conditions	Normal Activities. 3 Separate 3 minute breaks each hour of training, OR a 10 minute break every 40 minutes

Example Forecast Info



Game Protocols

Everyone subject to Code of Conduct

- Players, coaches, parents are accountable
- Each players must play 50% of time
- Keep scoring respectable
- Players and parents should be on opposite sides of field

GSSA has high expectations of coaches

- One of largest associations in North Texas
- Lead by example
- Respect facilities
- Wear ID badge at all times
- Work through your AGC

RESPECT for our Referees

- In Texas, we've lost 50% of the referee pool over last 5 years
- Referees are younger, also learning the game
- We expect coaches to know this, we need parents to understand
- Players are kids, it's a game, coaches volunteer and referees are human



Key Contacts

Anything related to registration

info@gssasoccer.org

Uniforms

nirav.assar@gmail.com

OG & MM practice

nirav.assar@gmail.com

Bob Jones practice

dave@ceramishsearchgroup.com

U4-U6 questions

u6commissioner@gssasoccer.org

U7-U8 questions

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U9+ questions

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COED

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Key Dates

Aug 8	Coaches Meeting
Aug 9	Practices starts
Aug 22	Schedules released
Sept 12	Season begins
Sept 14	MNS S1
Sept 21	MNS S2
Sept 28	MNS S3
Oct 5	MNS S4

Oct 12	MNS Skills S5
Oct 19	MNS Skills S6
Oct 26	MNS Skills S7
Nov 2	MNS Skills S8
Nov 14	Season ends

Note: this season, you can attend an actual Solar Practice in lieu of Coaches Clinic today. Sign up sheet will be circulated via Team Snap.

